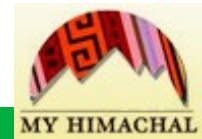




Join us for a better Himachal

My Himachal NGO



My Himachal Update

May 2008

My Himachal is a charitable, non-profit organization established in 2006 (IRS sec 501(c)(3) in process). Its mission is to promote education, health care, employment, and preserve and protect Himachali culture, heritage, and environment. Members include Himachalis and non-Himachalis from India as well as abroad. My Himachal does a number of projects, which provide financial and material support along with the technical expertise.

For the **third consecutive year**, **My Himachal** continues to strive towards contributing positively to health and education of the people in Himachal Pradesh.

2007 Highlights

Year 2007 was another successful year for My Himachal and we accomplished the following:

Health Mela 2007 For the third consecutive year, we partnered with Jibhi CHAI/Lady Willingdon Hospital Rural Outreach Projects (Drs. Jeph & Kaaren Mathias) to deliver healthcare in 12 villages of Tandi Panchayat in Upper Banjar/Seraj valley, Kullu. 252 children received BCG, MMR, Typhoid and Hepatitis B vaccines and 1000 children were de-wormed in addition to Health Surveys, Dental Checkups, Eye Exams and Nutritional Education and supplements. Kala Jatha/Street Theatre health skits were also presented. [Details](#)

Women's Healthcare Training The Jibhi CHAI team hosted the graduation for 16 women who have become community health workers at Jibhi Clinic on 17 March 2007. The event was held in the Lady Willingdon Hospital Clinic, Jibhi. [Details](#)

Dental Health and Hygiene Awareness Camp conducted at Govt. High School, Lanoud, Distt. Kangra on 12th February, 2007 and included awareness lecture on maintaining good Oral hygiene and general dental check up of all 120 students. [Details](#)

Education Assistance Program We partnered with JAGRITI NGO of Kullu to provide monetary assistance to 4 girl students (1 more than the year 2006) for education expenses/school uniforms. At least one of the girls didn't have even primary education by the age of 14 years.

Memorial Dedicated a memorial for Late Sh. Hitender Thakur, a Himachali NRI murder victim in Harrisburg, PA, USA on the one year anniversary of the incident. [Details](#)

Health Mela 2008 (Starting May 26th 2008)

To be conducted in partnership with and active participation from:

Lady Willingdon Hospital, Jibhi Clinic, New Zealand High Commission - New Delhi

Local schools, Mahila Mandals (women groups), panchayats and healthcare professionals

Approx. 800 children from 22 villages of Khabal & Shikari Ghat Panchayats will be examined by the doctors with the help of volunteers.

Child Healthcare activities include Child Immunization (Hepatitis B, Typhoid, MMR), care for Skin infections (Staph. School sores), Chest infections, Scabies, Anemia and Nutritional Education and Supplements (Vitamin A, De-worming, Zinc), Dental Checkups, Eye Exams etc. Kala Jatha/Street Theater health skits will also be presented with original plays and music/songs.

Helping Outstanding Students' Education (HOPE) Scholarships 2008

Education Assistance to outstanding students based on their merit-cum-means basis will be awarded for studies in Primary to Post-graduate education levels. This June we will announce our scholarships details and schedule for the academic year 2008. **Stay tuned !!!**

Information Technology Enable Schools

Information Technology Enable Schools in partnership with MoreThanTomorrow.org, Provide Computer Systems to schools and support internet access to schools that have IT facilities. This May 2008 we will begin with the first batch of 3 computer systems to be installed at a local NGO in Dharamsala area. [Details](#)



Health Mela 2007

SUPPORT MY HIMACHAL

[Join Us](#)

[Pay 2008 Membership Dues](#)

My Himachal depends on YOU for Annual Membership Dues and Donations to better OUR HIMACHAL.

Message to our women

My Himachal has always appreciated the role of women in our society as mothers, daughters, sisters, professionals and politicians. We also believe that women hold a key role in building the culture and values for which we stand for today.

As a young budding organization we want to utilize your wisdom and strength to add a new perspective and direction to our mission. Please [Join Us](#) and be a part of **My Himachal**.

Team 2008

My Himachal announces new team on April 1st 2008. [Details](#)

Sponsored Research 2008

Himachal falls behind in computer education. [Details](#)



Save the Weaver



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